

Relating Revolution

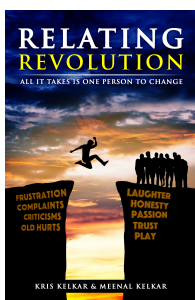
All It Takes is One Person to Change



Taught via Zoom by
Meenal and Kris Kelkar
Six consecutive **Thursdays**
July 16 – Aug 20, 2020
3:30-5:30pm PDT

Do you find uncomfortable repeating patterns in your life? Maybe it's feeling shocked or betrayed by what a friend or loved one said. Or heated arguments about small things. Or social media feels like a minefield, where you don't know when you will be attacked. Do you feel stuck not knowing what to do? Join us for this six-week course where we will uncover the true culprit that is getting in your way.

You experience life through relationship - relationship with yourself, with others, and to major life events. Learn to unwind your repeating patterns that lead to discomfort and helplessness. Learn to alchemize frustrations like old hurts, complaints, criticism, predictability and boredom into ease, flow and a sense of engagement with others and with life. Together in community, we will build a new foundation of trust, honesty, laughter, passion and play for all of your relationships. Find out what is truly possible through this lens of relationship!



This course is experiential where participants read [Relating Revolution: All It Takes is One Person to Change](#) (available for purchase on [Amazon](#)). You do not have to read the entire book before starting the course.

Price: [Priceless](#)

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